

REF: CM186/09

**COMMERCIAL FITNESS TRAINING ACTIVITIES ON PUBLIC OPEN SPACE - REPORT  
FOLLOWING CONSULTATION ON SUNDAY OPERATIONS**

Report of Manager Property and Recreation (MB) 14/10/09

SU26963

**PRECIS**

The Council policy for Commercial Fitness Training Activities on Public Open Space was adopted by Council on 4 August 2009. Council resolved that further consultation be undertaken with the community in relation to Sunday activities.

This report has considered the comments received through the consultation and seeks the endorsement of an amendment to Section 2.3 Hours of Operation of the Council policy.

**RECOMMENDATION**

- 1 Council note the comments received through the community consultation that was undertaken in relation to commercial fitness training activities on public open space on Sundays.
- 2 The Council policy for Commercial Fitness Training Activities for Public Open Space be amended in Section 2.3 to also permit activities on Sundays between 7 am and 10 am.

**BACKGROUND**

At its extraordinary meeting on 4 August 2009, Council resolved to adopt a policy for Commercial Fitness Training Activities on Public Open Space. The development of the policy followed extensive community consultation based on an earlier draft and a number of key elements were incorporated into the final policy to address the issues raised in the public submissions received.

It was also resolved at the August meeting that *'In relation to Section 2.3 Hours of Operation, further consultation be undertaken with the community in relation to Sunday activities and a subsequent report be provided to the Council meeting on 27 October 2009'*.

To assist in engaging the community, consultation was undertaken between 14 August and 18 September 2009 utilising a community survey.

The survey was distributed electronically to 84 people who provided earlier comments as part of the policy development and the Neighbourhood Forum Convenors. Surveys were mailed to 9 surf clubs and the Surf Life Saving Association, 21 businesses surrounding the parks which have been granted development consent for the activity and the Wollongong Whales Swimming Club and Illawarra Local Aboriginal Land Council.

Additionally, the survey was promoted at the 8 Neighbourhood Forum meetings held during the consultation period and at Council's Engagement Kiosks held at Dapto Street Fair and Spring into Corrimal.

Copies of the survey were available at all Council Libraries and the consultation featured on the homepage of Council's website. Advertising also included the print media, utilising *The Advertiser* and the *Illawarra Mercury*.

A total of 51 completed surveys were returned to Council. Two of these surveys did not clearly identify their preference for Sunday operations.

**PROPOSAL**

All comments received through the community consultation have been reviewed and considered against the principal objectives of the adopted policy.

The key amendment to the hours of operation in the adopted policy is:

- Section 2.3 Hours of Operation

Amendment to the adopted policy hours and days of operation to permit activities to be conducted between 7 am to 10 am on Sundays.

It is considered that in permitting activities within restricted times on Sundays, fitness training operators and members of the community that may wish to undertake commercial fitness training activities will have minimum impact on residents and users of public open space.

### CONSULTATION AND COMMUNICATION

Consultation involved advertising a community survey through print media, Council's website, direct mail and email.

At the close of the consultation period, a total of 51 completed surveys were received. The surveys were reviewed and a detailed report on the consultation process is provided in Attachment 1. A summary of the key findings is as follows:

Respondents	All Day	Restricted Hours	No Use	Total
Fitness Trainers	1	3	0	4
Clients of Trainers	14	9	1	24
Passive Park Users	3	5	5	13
Neighbouring Residents	2	3	3	8
<b>TOTAL</b>	<b>20</b>	<b>20</b>	<b>9</b>	<b>49</b>

**Note:** Two respondents did not provide a preference.

The additional comments received are summarised in the following table:

Submission	Comment
Those who work or commute during the week, have limited opportunities for exercise and often Sundays are the only day available for fitness training.	It is recognised that there are residents of our city who regularly commute outside the local government area for work on a daily basis. An opportunity to participate in Sunday fitness training within restricted hours will provide opportunities for workers/commuters to engage in necessary physical activity. <i>This is acknowledged and is addressed in the proposed recommendation.</i>
Other businesses are allowed to operate seven days per week so fitness training operators should be given the same opportunity to conduct their business activities.	It is noted that other recreation-related activities are able to operate seven days per week (e.g. surf schools, sporting events). <i>This is acknowledged and is addressed in the proposed recommendation.</i>
Commercial fitness training activities should not be permitted on Sundays as public open space should remain open for use by families and tourists only.	The proposed restriction of hours for Sunday fitness activities between 7am and 10am minimises potential conflict with families or tourists. <i>This is acknowledged and is addressed in the proposed recommendation.</i>

Submission	Comment
The foreshore parks are busy after 10am on Sundays due to large numbers of weekend visitors. Hours should be limited.	This comment reflects the observation of usage patterns for public open space. The proposed restrictions minimise potential conflict with weekend visitors. <i>This is acknowledged and is addressed in the proposed recommendation.</i>
Commercial fitness training activities should be limited on Sundays during the summer season to reflect the high usage and tourist visitation to our public parks.	This comment reflects the observation of usage patterns for public open space. The proposed restrictions minimise potential conflict with weekend visitors. <i>This is acknowledged and is addressed in the proposed recommendation.</i>
There are no issues with conducting commercial fitness training activities on Sundays as all users groups should be able to share public open space.	It is noted that areas of public open space may be located near residences and there may be some noise from fitness activities, restricting the hours until after 7am reduces the likelihood of disturbance. It is also considered that the potential for conflict with passive users would be increased if the hours were not restricted. <i>This is acknowledged and is addressed in the proposed recommendation.</i>
Council should promote outdoor activities and opportunities to get fit.	It is noted that the policy continues to demonstrate the significant role Council plays in providing public open space for the broadening of lifestyle and activity opportunities. <i>This is acknowledged and is addressed in the proposed recommendation.</i>

**PLANNING AND POLICY IMPACT**

The proposed amendment will not further impact the policy which complements the Wollongong City Council Social Plan 2007-11 in ensuring good planning of public infrastructure for community cohesion, health and wellbeing.

The policy is also consistent with the directions of Wollongong City Council’s Strategic Framework for Open Space, Recreation Facilities and Community Facilities ‘Planning People Places’.

**RISK ASSESSMENT**

The policy provides specific controls to protect the community and minimise Council’s exposure to litigation.

**CONCLUSION**

Council’s adopted policy for Commercial Fitness Training Activities on Public Open Space provides a formal approach to managing commercial fitness activities on public open space and potential impacts on surrounding residents and public infrastructure while minimising public risk.

The proposed amendment to the policy offers a balanced approach between regulation and Council’s commitment to providing diverse recreation and leisure opportunities.

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**ATTACHMENTS**

1. Report on the Public Consultation on the issue of Sunday operations for Commercial Fitness Training Activities

**Report on the Public Exhibition Outcomes on the Issue of Sunday Operations for Commercial Fitness Training Activities on Public Open Space**

**October 2009**

**Property & Recreation Division**

**Wollongong City Council**

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## Introduction/Background

At Council's extraordinary meeting held 4 August 2009, a Council policy for Commercial Fitness Training Activities on Public Open Space was adopted. The development of the policy involved extensive community consultation based on a draft version. A number of key elements were incorporated into the final policy to address the public submissions received.

In relation to Section 2.3 Hours of Operation, it was requested by Council, that further consultation be undertaken with the community in relation to Sunday activities and a subsequent report be provided to the Council meeting on 27 October 2009.

This report provides the results of the community consultation undertaken between 14 August and 18 September 2009 based on the distribution of a community survey.

## Methodology

This section outlines the way in which Council engaged the community and current and prospective outdoor fitness operators on the issue of conducting outdoor commercial fitness training activities on Sundays.

### Survey

A survey (Appendix 1) was designed to simplify the process for providing feedback to Council and it focused on the applicant providing a response to the following questions:

'Council would like your feedback on the following options for commercial fitness activities on public open space on Sundays. *Please select one of the three Options below*

Option 1: Allow Commercial Fitness Training Activities on open space all day on Sundays (i.e. 6am – 8pm)

Option 2: Allow Commercial Fitness Training Activities on open space on Sundays during limited hours only. Please select the hours of operation you would prefer for Sundays (you may select more than one)

7am – 10am

10am – 1pm

1pm – 4pm

4pm – 7pm

Other (please specify time) \_\_\_\_\_

Option 3: Do not allow any Commercial Fitness Training Activities on open space on Sundays

Respondents were also asked a series of questions related to their demographics and association with the topic (i.e. were they a fitness trainer, participant, resident).

### Distribution

#### **Electronic Correspondence:**

The survey was emailed to respondents who provided a submission/feedback on the development of the Council policy. Through the policy development consultation stage, eighty-four (84) respondents had provided their email address. The survey was emailed to these respondents.

An email containing details on the consultation, an attached survey and a link to Council's website was forwarded to all Neighbourhood Forum executive members.

#### **Postal Correspondence:**

Surf Life Saving Clubs (SLSC) and businesses located within close proximity to the public parks for which development consent has been granted for the commercial activity were mailed correspondence providing details of the consultation and the survey. The SLSC's and businesses mailed information were:

Surf Life Saving Club	<ul style="list-style-type: none"><li>- Illawarra Surf Life Saving Association (asked to forward to those SLSC's which did not have an email address available)</li><li>- Stanwell Park SLSC</li><li>- Scarborough/Wombarra SLSC</li><li>- Austinmer SLSC</li><li>- Sandon Point SLSC</li><li>- Bulli SLSC</li><li>- Woonona SLSC</li><li>- Towradgi SLSC</li><li>- Fairy Meadow SLSC</li><li>- Wollongong City SLSC</li></ul>
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Business	<ul style="list-style-type: none"> <li>- Novotel Wollongong North Beach</li> <li>- Diggies Cafe</li> <li>- North Beach Kiosk</li> <li>- Levendi</li> <li>- Johno's at North Beach</li> <li>- Stingray Café</li> <li>- The Beach House Seafood Restaurant</li> <li>- City Beach Function Centre</li> <li>- Ellies Cliff Road Café</li> <li>- City Beach Kiosk</li> <li>- Mudcat Café</li> <li>- Aqua Restaurant</li> <li>- Verdi Restaurant</li> <li>- Lagoon Seafood Restaurant</li> <li>- Harbour Front</li> <li>- Bombora Seafood</li> <li>- Five Islands Brewing Company</li> <li>- Dunes</li> <li>- Stanwell Park Beach Kiosk</li> <li>- Thirroul Beach Kiosk</li> <li>- Ruby's on Bulli Beach</li> </ul>
Other	<ul style="list-style-type: none"> <li>- Wollongong Whales Winter Swimming Club</li> <li>- Illawarra Local Aboriginal Land Council</li> </ul>

**Face-to-Face Consultation:**

The Sunday Operations Survey was also mentioned at each of the Neighbourhood Forum meetings during August and September, as part of Council's Current Events Update provided at the meetings.

The Neighbourhood Forums meetings were held as follows:

- Neighbourhood Forum 3, Thirroul, 18/08/09
- Neighbourhood Forum 7, Windang, 20/08/09
- Neighbourhood Forum 4, Corrimal, 01/09/09
- Neighbourhood Forum 5, Wollongong, 02/09/09
- Neighbourhood Forum 2, Coledale, 02/09/09
- Neighbourhood Forum 1, Helensburgh, 09/09/09
- Neighbourhood Forum 6, Unanderra, 10/09/09
- Neighbourhood Forum 8, Dapto, 14/09/09

Surveys and copies of the adopted Council policy were also made available at the Neighbourhood Forums.

In addition, the survey was available at Council Engagement Kiosks held at the following events:

- Dapto Street Fair, 06/09/09
- Spring Into Corrimal, 13/09/09

### **Advertising:**

The survey was placed on Council's website – [www.wollongong.nsw.gov.au](http://www.wollongong.nsw.gov.au) and situated on the front home page under the 'What's Hot' title. A photograph of fitness training was also used to assist in attracting attention to the topic.

Additionally, the survey was advertised in the *Advertiser* on 26 August and 2 September and the *Illawarra Mercury* on 15 August 2009.

### **Hard Copy Availability:**

Copies of the adopted Council policy and the survey were distributed to all Council libraries for public display.

In addition, copies of the survey were made available from North Wollongong's Continental Pool.

Surveys could be submitted to Council via post, on-line or email.

## **Results**

This section outlines the key results from the feedback received during the community consultation period related to the issue of conducting commercial fitness training activities on Sundays within public open space. Key findings from the completed surveys are outlined below.

At the close of the consultation period (18 September 2009), a total of 51 public submissions were received. All completed surveys have been collated and the feedback provided will assist Council in determining the most suitable approach to Sunday outdoor commercial fitness training.

The current policy does not permit commercial fitness training activities to occur within public open space on Sundays. Pending the outcome of Council's assessment of the consultation feedback and the subsequent Council resolution, the policy may require amending.

Demographic Information

Demographic information was collected as a part of this consultation, however some respondents failed to provide their demographic information.

**Age Breakdown**

Of the completed surveys, 18 (35%) respondents identified themselves as male and 29 (57%) respondents identified themselves as female.

Table 1 (n=49):

<b>Age Category</b>	<b>Number</b>	<b>%</b>
<18 years	0	0%
19-24 years	3	6%
25-34 years	18	37%
35-44 years	12	24%
45-54 years	11	22%
55-64 years	3	6%
65 + years	2	4%

**Suburb Breakdown**

Of the 51 submissions received, 49 provided information in which postcode area for which they reside. A total of 11 (22%) of respondents lived within the 2500 postcode which is attributed to the suburbs of Coniston, Gwynneville, Keiraville, Mangerton, Mount Keira, Mount Saint Thomas, North Wollongong, Wollongong, West Wollongong and West Wollongong.

Table 2 (n=49):

<b>Postcode</b>	<b>Number</b>	<b>%</b>
2500	11	22%
2517	6	12%
2519	6	12%
2518	5	10%
2508	4	8%
2527	4	8%
2526	3	6%
2530	3	6%
2515	2	4%
2516	2	4%
2525	2	4%
2518	1	2%

**Park Usage**

A total of 25 (49%) of respondents are participants in regular commercial outdoor fitness training classes and 4 (8%) of respondents identified themselves as being a commercial fitness trainer. A further 38 (75%) of respondents are regular passive users/visitors to public parks and 8 (16%) of respondents resided nearby a park or area of public open space.

Table 3 (n=75):

Usage	Number	%
User of CFTA	25	49%
CFT	4	8%
Regular Park User	38	75%
Neighbouring Resident	8	16%

### Parks Frequented by Respondents

The following parks were identified as parks regularly used by survey respondents. Stuart Park, North Wollongong was the most frequented park by those who responded to the survey.

Table 4 (n=39):

Park Name	Number	Park Name	Number
Stuart Park	24	Belmore Basin	1
Bulli Beach Reserve	11	Sharkeys Beach Reserve	1
North Beach	5	Coledale Beach Reserve	1
Lang Park	5	Dandyloo Fields	1
Nicholson Park	4	Dumphrie Avenue	1
Towradgi Park/Beach	3	JJ Kelly Park	1
City Beach	2	Mike Dwyer Reserve	1
Galvin Park	2	William Beach Reserve	1
Charles Harper	2	Boat Park Lane	1
Rex Jackson	2	Ocean Park	1
Stanwell Park	2	Fred Finch Park	1
South Beach	1	Helensburgh Park	1
Beaton Park	1	Corrimal Park	1

### Survey Results

- **Option 1** - Allow Commercial Fitness Training Activities on open space all day on Sundays (i.e. 6am – 8pm)

Of the 51 surveys completed, 20 (39.2%) people selected Option 1, indicating that they agree with allowing outdoor commercial fitness training activities to occur all day on Sundays.

Of those respondents who selected this option, 16 (80%) are regular passive users/visitors of public open space, 14 (70%) are clients of commercial fitness trainers using public open space, 2 (10%) are neighbouring residents of public open space and 1 (5%) identified themselves as being an outdoor commercial fitness trainer.

The most common (40%) age category for the respondents supportive of this option was the 25-34 years age category.

- **Option 2** - Allow Commercial Fitness Training Activities on open space on Sundays during limited hours only. Please select the hours of operation you would prefer for Sundays

7am – 10am  
10am – 1pm  
1pm – 4pm  
4pm – 7pm  
Other

Of the 51 surveys completed, 20 (39.2%) people selected Option 2, indicating that they agree with allowing outdoor commercial fitness training activities to occur on Sundays during limited hours only.

Of those respondents who selected this option, 16 (80%) agree with allowing outdoor commercial fitness training activities to occur within public open space on Sundays between the hours of **7am and 10am**. While 7 (35%) respondents agree with allowing outdoor commercial fitness training activities to occur within public open space on Sundays between the hours of **10am and 1pm**. While 5 (25%) respondents agree with allowing outdoor commercial fitness training activities to occur within public open space on Sundays between the hours of **1pm and 4pm** and 5 (25%) respondents agree with allowing outdoor commercial fitness training activities to occur within public open space on Sundays between the hours of **4pm and 7pm**.

Four (4) respondents listed hours alternative to those provided, these being;

- 6am until 12pm
- 6am until 11am
- 6am until 10am and 4pm until 8pm
- 9am until 8pm

Of the respondents that selected this option (Option 2), 15 (75%) are regular passive users/visitors of public open space, 9 (45%) are clients of commercial fitness trainers using public open space, 3 (15%) are neighbouring residents of public open space and 3 (15%) identified themselves as being an outdoor commercial fitness trainer.

The most common (40%) age category for the respondents supportive of this option was the 25-34 years age category which was closely followed (35%) by the 35-44 years age category.

- **Option 3** - Do not allow any Commercial Fitness Training Activities on open space on Sundays

Of the 51 surveys completed, 9 (17.6%) people selected Option 3, indicating that they do not agree with allowing outdoor commercial fitness training activities to occur on Sundays.

Of those respondents who selected this option, 7 (77%) are regular passive users/visitors of public open space, 1 (11%) is a client of a commercial fitness trainer using public open space, 3 (33%) are neighbouring residents of public open space and 0 identified themselves as being an outdoor commercial fitness trainer.

The majority (66%) of respondents supportive of this option were of an age evenly spread between the 25-34, 35-44, and 45-54 age categories.

*Note: All percentages provided are based on the response totals for each question.*

### **Void Responses**

Two (2) surveys were returned to Council, however the respondents had not clearly indicated their preferred option.

Text provided in these surveys have the ability to be interpreted, however due to the subjective nature doing such, the following provides a direct extract of the text only:

Void Response A:

'As I work in Sydney all week the only time I get to train is on the weekends. Sunday for me as well as many other people in my situation is the best time to get the required amount of physical activity needed to maintain a healthy lifestyle. Being fit means I can be a better husband, father and a better member of the community. Healthy individuals contribute to society by not getting ill and burdening resources to care for them. Health and fitness activities contribute to this lifestyle and should be encouraged at all times.'

Void Response B:

'If the commercial fitness training activities do not infringe on the ..... Park Beach then the ..... Surf Life Saving Club has no objections.'

The surveys also contained a section for general comments. The following is a summary of the comments provided. A complete list of the comments is provided in Appendix 2. The percentage of comments aligned to these themes are also provided, noting that of the 51 completed surveys, 40 survey respondents had provided additional comments.

- Those who work or commute during the week, have limited opportunities for exercise and often Sundays are the only day available for fitness training. **Comments aligned: 32.5%**
- Commercial fitness training activities should not be permitted on Sundays as public open space should remain open for use by families and tourists only. **Comments aligned: 17.5%**
- There are no issues with conducting commercial fitness training activities on Sundays as all users groups should be able to share public open space. **Comments aligned: 15%**
- Council should promote outdoor activities and opportunities to get fit. **Comments aligned: 15%**
- Other businesses are allowed to operate seven days per week so fitness training operators should be given the same opportunity to conduct their business activities. **Comments aligned: 10%**
- The foreshore parks are busy after 10am on Sundays due to large numbers of weekend visitors. Hours should be limited. **Comments aligned: 5%**
- Commercial fitness training activities should be limited on Sundays during the summer season to reflect the high usage and tourist visitation to our public parks. **Comments aligned: 5%**

SUMMARY		
Key Finding	No.	%
<b>Option 1 – all day</b>	<b>20</b>	<b>39%</b>
<b>Option 2 – restricted hours</b>	<b>20</b>	<b>39%</b>
7am-10am	16	31%
10am-1pm	7	14%
1pm-4pm	5	10%
4pm-7pm	5	10%
Other	4	8%
<b>Option 3 – do not allow</b>	<b>9</b>	<b>18%</b>
<b>Void Responses</b>	<b>2</b>	<b>4%</b>
<b>Respondent Fitness Trainers</b>	<b>4</b>	<b>8%</b>
Respondent Fitness Trainers Supportive Option 1	1	2%
Respondent Fitness Trainers Supportive Option 2	3	6%
Respondent Fitness Trainers Supportive Option 3	0	0%
<b>Respondent Clients</b>	<b>25</b>	<b>49%</b>
Respondent Clients Supportive Option 1	14	27%
Respondent Clients Supportive Option 2	9	18%
Respondent Clients Supportive Option 3	1	2%
<b>Respondent Passive Park Users</b>	<b>38</b>	<b>75%</b>
Respondent Passive Park User Supportive Option 1	16	31%
Respondent Passive Park User Supportive Option 2	15	29%
Respondent Passive Park User Supportive Option 3	7	14%
<b>Respondent Neighbouring Residents</b>	<b>8</b>	<b>16%</b>
Respondent Neighbouring Residents Supportive Option 1	2	4%
Respondent Neighbouring Residents Supportive Option 2	3	6%
Respondent Neighbouring Residents Supportive Option 3	3	6%

## Recommendation

Based on the feedback received from the community consultation on Sunday commercial fitness training activities in public open space, it is recommended that Council consider amending the policy to permit Sunday commercial fitness activities during the hours of 7am and 10am only.

## Appendices

### Appendix 1 – Community Consultation Survey



## WOLLONGONG CITY COUNCIL'S POLICY FOR COMMERCIAL FITNESS TRAINING ACTIVITIES ON PUBLIC OPEN SPACE

### *SUNDAY ACTIVITIES - COMMUNITY FEEDBACK FORM*

Wollongong City Council is inviting you to *Have Your Say* on Sunday Activities for the Commercial Fitness Training Activities on Public Open Space policy.

Council has adopted the Commercial Fitness Training Activities on Public Open Space Policy which allows licence holders to operate outdoor activities on their licenced area from Monday to Saturday between 6:00am until 8:00pm with no commercial fitness activities on Sundays.

A copy of the adopted policy is available at [www.wollongong.nsw.gov.au](http://www.wollongong.nsw.gov.au)

All comments must be received by 18 September 2009

1. Council would like your feedback on the following options for commercial fitness activities on public open space on Sundays. *Please select one of the three Options below*

**Option 1:** Allow Commercial Fitness Training Activities on open space all day on Sundays  
(i.e. 6am - 8pm)

**Option 2:** Allow Commercial Fitness Training Activities on open space on Sundays during **limited hours only**. Please select the hours of operation you would prefer for Sundays (you may select more than one)

7am - 10am

10am - 1pm

1pm - 4pm

4pm - 7pm

Other (please specify time) \_\_\_\_\_

**Option 3:** Do not allow any Commercial Fitness Training Activities on open space on Sundays

2. Do you have any comments?

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3. Please tell us a little about yourself. The following information will remain confidential.

Home Postcode: \_\_\_\_\_

Are you (please tick):

- A user of commercial fitness training activities in open space?
- A commercial fitness trainer using open space?
- A regular user of passive or active parks and open space?
- A neighbouring resident of a public park?

Which public parks do you frequent (please list park/s name):

Park Name/s:

- Male
- Female

Age (please tick category):

- <18 years
- 19-24 years
- 25-34 years
- 35-44 years
- 45-54 years
- 55-64years
- 65+ years

If you would like a reply to your submission and to be kept informed of progress please fill in the section below:

Name:	
Address:	
Suburb:	Postcode:
Telephone:	Email:

Please return submissions to:

Community Engagement Unit Communications & Strategy Division Wollongong City Council Locked Bag 8821 Wollongong NSW 2500	Telephone: 02 4227-7096 Facsimile: 02 4227-7580 Email: <a href="mailto:consultation@wollongong.nsw.gov.au">consultation@wollongong.nsw.gov.au</a>
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## **Appendix 2 – Comments Provided on Completed Surveys**

- Sunday access needed for workers, commuters. Please provide exercise furniture.
- Other businesses are allowed to operate on Sunday. The policies in place will ensure training doesn't disturb public.
- Belong to a fitness group that operates on Sunday morning. Rest of park is quiet. We work in Sydney so weekends only option.
- Other businesses are allowed to operate on Sundays. Many people only have Sunday to exercise. Limit the time to respect local residents.
- Fitness classes would clash with other passive users after 10am as parks are busy.
- People sleep in on weekends.
- Sundays are best time for him to train.
- Prefer option 3. Due to numbers of visitors to beaches on weekends. Have no problems with non-beach parks on Sundays.
- Exercise and other events are for everyone to enjoy.
- What's the difference between training and big community events like Sydney to surf and Gong ride being held on Sunday.
- Would this affect my children running as part of the Surf Club?
- There is plenty of room for everyone to be outdoors and have fun.
- Share the space - fitness early then allow space for other people.
- Council should encourage people to exercise.
- We should promote outdoor activities and opportunities to keep fit.
- My clients can only train on weekends often. Think group activities should be limited in summer when parks are busy.
- Sunday is a work day for a lot of people. Other people it is the only day they can train.
- Keeping fit legitimate recreational activity. Summer peak lunchtime only time to justify limits.
- I work full time, my husband shifts. Great to be able to train together and Sundays is our only day.
- Our fitness group is always fair to other users. Prefer all day, second choice 7-10am.
- Training services are of benefit to people.
- Other business open on Sundays. Don't have time to train other days. Limit hours to suit all needs.
- Cyclists that don't use headlights before sunrise/after sunset is more dangerous than supervised training.

- Nicholson Park is used extensively on Sundays. Commercial operations should have limited hours on Sunday.
- Sunday is my only training day. It is hard to find time to fit training in with our busy lives so don't limit our opportunities.
- Exclude fitness training from JP Galvin Park as they dominate all the shelters and green space.
- Open spaces should be for families only on at least one day per week.
- Sunday hours benefit those who work full-time. Prefer reduced hours to minimise disturbance to neighbouring residents.
- Sundays are a normal operating day for most businesses and sports. Commercial fitness trainers should have the same access. Sundays are the only day I can exercise.
- Monday-Saturday sufficient. Leave Sundays without fitness trainers in parks
- Support people trying to get healthy and combat obesity.
- We live in a 24/7 world.
- No difference between Sat and Sun. Need to respect neighbours early in the morning.
- The Wollongong Harbour precinct is already a busy hub of activity most days of the week. Weekends should be left for families and tourists.
- If activities do not infringe on .....park beach then .....SLSC has no objections.
- Seeing people exercising in public will inspire others.
- Parks are for community activities.
- I exercise with my friends. As long as the commercial trainers don't stop us exercising we are happy to share. They shouldn't be able to stop general public from being able to enjoy the space.
- Sunday is day for families, friends to get together. Don't think we should have to compete for parking and picnic areas.
- Limited numbers e.g. 5-8 would be ok. I am sick of 30-40 people taking up space when we want to play.
- Give residents a day break from large group sessions. Difficult for families to use beach with groups training.